



Cent\$ible Nutrition Program

Helping Families Eat Better for Less

Raspberry Tea Mix

6 tablespoons instant tea – dry

2 packages (5 ounces each) raspberry sugar-sweetened soft drink mix

Mix tea and drink mix (dry). Store in tightly covered container. For each serving, place 3 teaspoons of mix in cup for hot tea or glass for cold tea. Fill cup with boiling water or glass with cold water, stir. Makes about 1 ½ cups of mix or 24 servings of drink.



TV Show

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