



Cent\$ible Nutrition Program

Helping Families Eat better for Less

Drop Vanilla Cookies*

- 3 cups MASTER MIX*
- 1 cup brown (or white) sugar
- ¼ cup water
- 1 egg, slightly beaten
- 1 teaspoon vanilla

1. Combine MASTER MIX and sugar. Blend water, egg, and vanilla together; add to dry ingredients.
2. Drop dough by teaspoons onto lightly-greased cookie sheet.
3. Bake at 375° F in top third of oven for 12 to 15 minutes or until light brown. Makes about 3 ½ dozen medium-sized cookies.

Nutrition Facts

Serving Size: 2 cookies (36g)

Servings: 21

Amount Per Serving

Calories 130 **Calories from Fat** 30

% Daily Value*

Total Fat 3.5g **6%**

Saturated Fat 0g **2%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 115mg **5%**

Total Carbohydrate 22g **7%**

Dietary Fiber 1g **4%**

Sugars 11g

Protein 2g

Vitamin A 0% Vitamin C 0%

Calcium 6% Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.

*Recipe can be found in the Cent\$ible Nutrition Cookbook available for purchase. Log on to www.uwyo.edu/centsible for more information.



TV Show

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