



OVERVIEW OF CURRICULUM AND COMMITMENTS

Curriculum Progression by Date

September 15 th	Applications Due
September 22-25 th	Hold interviews in the OP Office
September 28 th	Notify participants selected
September 30 th	7pm—First edition of LoreTime <ul style="list-style-type: none"> • Introductions • Establish monthly day/time to meet • Discuss expectations and opportunities for the year • Introduce Strengths Quest • Plan for weekend trip
October 2-4 th	Backpacking trip to Snowies <ul style="list-style-type: none"> • Map/compass navigation • Outdoor living skills • Strengths-based leadership • Team-build exercises
Oct. 10 th –Dec 5 th	Trip Participation Shadow outdoor leadership by participating in at least two OP trips. No cost to go on trip, but expectation for written observations.
October ____	LoreTime: Defining Leadership <ul style="list-style-type: none"> • Explore textbook, personal, and group definition • Present library available • Each participant selects a book to read and present/discuss at future meetings
Nov. 2,3,9,11	Wilderness First Aid at UW This evening class will be expected of anyone who decides not to obtain a Wilderness First Responder certification (see WFR description below).
November ____	LoreTime: Communication <ul style="list-style-type: none"> • Discuss effective communication styles • Introduce giving/receiving feedback • Schedule an individual check-in with OLDS programmers
December ____	LoreTime: Exploration <ul style="list-style-type: none"> • Shackleton Story • Guest Speaker- Mark Jenkins
December 12-21 st	Wilderness First Responder at UW This well-respected medical certification will be provided at a discounted price, and we are highly encouraging all participants to take the course offered by Wilderness Medicine Institute of NOLS.
January 8-10	Yurt Trip to Ruby Jewel Yurts <ul style="list-style-type: none"> • Snow safety: avalanche beacon use, rescue, snow pits, etc.

- Backcountry skiing/snowboarding

January ____

LoreTime: Judgement/Risk Management

- Discuss judgement and critical thinking
- Offer methods for risk management

Jan. 15th- April 30th

Assist on OP trips

Expected to go on at least three trips as an aid to OP trip leaders

February ____

LoreTime: Teaching and Learning Styles

- Take a learning styles inventory
- Discuss teaching methods for reaching a variety of learners
- Adaptations and suggestions to teaching in the outdoor environment

March ____

LoreTime: Hang Out

- Watch an outdoor movie!
- Start planning for final expedition

March 13-21st

Spring Break trips with OP

Although not required, we strongly encourage participation in these canoe and climbing trips.

April ____

LoreTime: Careers in Outdoor Ed

- Explore additional opportunities for learning, experience, and work
- Guest Speaker- Marco Johnson

April 16-18th

Culminating Trip

A three-day trip planned and executed entirely by OLDS participants

April 28th

Graduation—Recognition dinner for all the hard work and achievements of the group!

Calendar of Events

Color Representation

Orange Application Process

Teal Monthly Meetings titled LoreTime (reason to follow). These will be required, but the specific time and date will be determined at the first meeting on Wed. September 30th.

Green Required OLDS trip

Red Medical training, required to obtain WFA or WFR if you do not already have one.

Black OP trips that you may select from to meet your required trip shadows and assists.

Purple Miscellaneous pieces of information to keep in mind.

September

October

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	7	8	9	10	11	12
13	14	15 Application Due	16	17	18	19
20	21	22 Hold Interviews	23 Hold Interviews	24 Hold Interviews	25 Hold Interviews	26
27	28 Notify Participants	29	30 7pm- Meeting <i>Intros, Strengths Quest, and trip planning</i>	1	2 Backpacking Trip	3 Backpacking Trip
4 Backpacking Trip	5 Begin OP trip Observation	6 Meeting Date/Time: TBD <i>Defining Leadership</i>	7	8	9 Friday Night Bouldering Series	10 Climbing to Sinks Canyon
11	12	13	14	15	16	17
18	19	20 Start of white water kayak class	21	22	23	24 Fund. Mountaineering
25 Fund. Mountaineering	26	27	28	29	30	31
1 Meeting Date/Time: TBD <i>Communication and Feedback</i>	2 WFA	3	4 WFA	5	6	7
8	9 WFA	10	11 WFA	12	13	14
15	16	17 Avalanche Beacon Clinic	18	19	20	21
22 Avalanche Beacon Clinic	23	24 Thanksgiving Climbing trip to Moab	25 Thanksgiving Climbing trip to Moab	26 Thanksgiving Climbing trip to Moab	27 Thanksgiving Climbing trip to Moab	28 Thanksgiving Climbing trip to Moab

December

January

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 Thanksgiving Climbing trip to Moab	30	1 Meeting Date/Time: TBD <i>Exploration</i>	2	3	4	5 Intro to Snowshoe
6	7	8	9	10	11	12 WFR
13 WFR	14 WFR	15 WFR	16 WFR	17 WFR	18 WFR	19 WFR
20 WFR	21 WFR	22	23	24	25	26
27	28	29	30	31	1 Meeting Date/Time: TBD <i>Judgement, Risk Management</i>	2
3	4	5	6	7	8 Yurt Trip	9 Yurt Trip
10 Yurt Trip	11	12	13	14	15	16
17	18 Begin Assisting with OP Trips (Dates TBD)	19	20	21	22	23
24	25	26	27	28	29	30
31	1 Meeting Date/Time: TBD <i>Outdoor Teaching Methods and Learning Styles</i>	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27

March

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1 Meeting Date/Time: TBD Movie Night	2	3	4	5	6
7	8	9	10	11	12	13 Spring Break OP Trips
14	15 Spring Break OP Trips	16 Spring Break OP Trips	17 Spring Break OP Trips	18 Spring Break OP Trips	19 Spring Break OP Trips	20 Spring Break OP Trips
21	22	23	24	25	26	27
28	29	30	31	1 Meeting Date/Time: TBD Careers in Outdoor Ed.	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16 Culminating Trip	17 Culminating Trip
18 Culminating Trip	19	20	21	22	23	24
25	26	27	28 Graduation Celebration Date/Time: TBD	29	30	1