

University of Wyoming
INTRAMURAL SPORTS

PUNT, PASS, AND KICK CONTEST RULES

(Updated 9/07)

Punt Contest

1. Each participant will kick 3 punts from a designated spot on the field.
2. A tape measure will be laid out on the field and will be used to record the yardage of each punt. Any punt that deviates from the straight line used to determine the yardage will be walked directly back to the line from the spot where it first hits the ground. Therefore, accuracy is key.
3. The longest punt will be recorded as that participant's score. A male and female winner will receive Intramural Champion T-Shirts.

Pass Contest

1. Each participant will throw 3 passes from a designated spot on the field.
2. A tape measure will be laid out on the field and will be used to record the yardage of each pass. Any pass that deviates from the straight line used to determine the yardage will be walked directly back to the line from the spot where it first hits the ground. Therefore, accuracy is key.
3. The longest pass will be recorded as that participant's score. A male and female winner will receive Intramural Champion T-Shirts.

Field Goal Contest

1. Tees will be provided, but if a holder is desired the participant must provide their own holder.
2. Each participant may attempt field goals from any distance, but once they record three misses, their final score will be recorded as the furthest field goal they made.
3. Participants may begin their attempts from any spot on the field, and may move closer or further away at any time.