

UNIVERSITY OF WYOMING

FAMILY & CONSUMER SCIENCES FOOD & NUTRITION MINOR 2009-2010

A minor in food and nutrition strengthens degrees in kinesiology and health, food science, nursing, and animal science. Students who minor in food and nutrition learn how food choices can influence their health and well-being. The course work provides a foundation for making positive life-style choices.

1. Required Courses

FCSC 1140	Nutrition OR	2 credit hours
FCSC 1141	Principles of Nutrition	3 credit hours
FCSC 1150	Scientific Study of Food	<u>3 credit hours</u>
		5-6 credit hours

2. Plus choose 12-13 credit hours from the following electives

Nutrition Group

FCSC 3140	Maternal, Infant and Adolescent Nutrition*	3 credit hours
FCSC 3145	Sports Nutrition and Metabolism*	3 credit hours
FCSC 3147	Community Nutrition*	3 credit hours
FCSC 4142	Nutrition and the Elderly*	1 credit hour
FCSC 4145	Advanced Nutrition*	4 credit hours
FCSC 4146	Therapeutic Nutrition*	4 credit hours
FCSC 4147	Nutrition and Weight Control*	3 credit hours

Food Group

FCSC 3150	Intermediate Foods*	2 credit hours
FCSC 3152	Food Systems Production*	3 credit hours
FCSC 4150	Experimental Foods*	3 credit hours

Independent Study

FCSC 4106/5102	Special Problems in FCSC	3 credit hours (max)
----------------	--------------------------	----------------------

TOTAL 18 CREDIT HOURS

* Indicates courses with prerequisites or instructor=s permission required to enroll

Contact:

Shane Broughton, Ph.D.
Associate Professor
Ag 3010
307-766-5248
307-766-5686 (fax)
broughto@uwyo.edu

Enette Larson-Meyer, Ph.D., RD
Assistant Professor
Ag 3013
307-766-4378
307-766-5686 (fax)
enette@uwyo.edu

Michael Liebman, Ph.D.
Professor
Ag 3012
307-766-5597
307-766-5686 (fax)
liebman@uwyo.edu

Rhoda Schantz, Ph.D., RD
Associate Professor
Director, Didactic Program in Dietetics
Ag 3016
307-766-5380
307-766-5686 (fax)
schantz@uwyo.edu